

pared with Robinson's "Patent" Barley, the purity of which is guaranteed, supplied by Keen, Robinson & Co., Denmark Street, London, E.

VITAFER.

Vitafer is a concentrated tonic and nerve food, prepared by the well-known firm of Southall Bros. & Barclay, Ltd., Birmingham, of comparatively recent date, but of well-established repute. It is widely prescribed in cases of physical and nerve weakness, and, in addition to its own intrinsic merit, its increasing use is no doubt due to the fact that it is British throughout; and supersedes preparations formerly pushed by alien enemies. It is practically tasteless and may be used either dry or in tea, coffee, &c.

MELLIN'S FOOD.

Mellin's Food, prepared by the company of this name, Stafford Street, Peckham, London, S.E., has a widespread repute as a food for both infants and invalids, warranted entirely free from starch. One of its distinguishing characteristics is its easy adaptability to the varying needs and requirements of different children. It is prepared by the addition of fresh milk, and water, in carefully graded quantities. As a diet for invalids, whether nursing mothers or those who need feeding up, one or two tablespoonfuls are taken in a tumbler of milk, hot or cold, when not only does it increase the nutritive value of the milk, but renders it more digestible, so that invalids who cannot digest plain milk find no difficulty in doing so. In addition Mellin's Food biscuits are suited for children after the weaning period as well as for convalescents and aged and dyspeptic persons, and we may add at the present time persons who have been living on insufficient food, such as refugees, being easily digested as well as nutritious.

HORLICK'S MALTED MILK.

Horlick's Malted Milk, prepared by Horlick's Malted Milk Co., Slough, Bucks, is well known to nurses. They have tested both its palatability, and its reviving and sustaining qualities at many exhibitions, and know it is a good thing. If testimony to this fact were needed it is to be found in the numerous letters the firm have received as to its value in circumstances in which it has been put to the severest test.

LACTAGOL.

Lactagol (E. T. Pearson & Co., Ltd., London Road, Mitcham, Surrey), is a body builder as to whose efficacy there can be no dispute, and when taken by nursing mothers whose milk is deficient in quality or quantity it frequently enables them to nurse their infants successfully for the full nine months. A historic instance is one reported in the *Lancet* where a medical man called in to see a mother with triplets which were not thriving, and losing weight, prescribed Lactagol, as the patient's milk was very deficient both in fat and proteid, with most satisfactory results. All

three infants thrive and the mother was able not only to feed them for the full period of lactation, but to carry out her domestic duties without fatigue. It will also be noted on page 43 of this issue that Lactagol is given at the York Road Lying-in Hospital when the mother's milk is at all deficient. This is high testimony to its value.

BENGER'S FOOD.

Benger's Food, supplied by Benger's Food, Ltd., Otter Works, Manchester, is a preparation that few nurses would willingly be without. Both in the rearing of hand-fed infants, whose mothers are unable to supply the necessary nourishment, and also as an item in the dietary of the aged and invalids, Benger's Food is an old and tried friend of proved efficiency which can be prepared in a variety of ways, and is not only nutritious, but delicious. The firm issues a booklet which gives some necessary information as to the methods of preparing the food—for the value of the most useful of foods may be minimised if the method of preparation is faulty—as well as some excellent recipes, and full particulars as to the natural digestive principles on which the food is based.

DISINFECTANTS.

SANITAS.

Amongst many excellent disinfectants now procurable, none is of higher repute than Sanitas, one of those to be early placed on the market which still maintains its place in the forefront rank. One of the points to be remembered about Sanitas is that it is not only an effective antiseptic, but it is non-poisonous and may safely be used as a gargle. As a spray in a sick room its refreshing fragrance is appreciated by many invalids.

Sanitas, which is prepared by the Sanitas Co., Ltd., Limehouse, E., forms the basis of many other preparations which may be thoroughly commended.

Some of the newer preparations of the firm are "Potex," an embrocation which is being prescribed with very satisfactory results for the relief of pain in some forms of rheumatism and lumbago; "Kaytor," an antiseptic jelly used in the treatment of hay fever and pruritis, and "Sanitas Anti-Vermin Paste," which might well be included in parcels sent to men at the Front, and we are sure would be most welcome.

LYSOL.

Nurses will note with satisfaction that "L" Brand Lysol, as supplied by Lysol, Ltd., Warton Road, Stratford, is British made and British owned. Lysol is a very favourite preparation with nurses and midwives, and, with this assurance, they will have every confidence in using it. Important points in regard to "L" Brand Lysol are that it is miscible in chloroform, alcohol, and glycerine without becoming cloudy or turbid, and that it possesses no caustic or corrosive action. The purest caustic potash—as distinct from caustic soda—is used in its preparation, and the

[previous page](#)

[next page](#)